

“Heartburn Drugs Increase The Risk of Broken Bones”

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- Nexium, Prevacid, Prilosec and many over the counter drugs such as TUMS, Roloids and Mallox are used for chronic heartburn.
- Researcher speculated that when drugs reduce acid in the stomach, they also make it more difficult for the body to absorb bone-building calcium.
- A study shows that a group of 145,000 patients in England who used antacids for one year had a 44% higher risk for hip fractures than non-users. The longer the patient took the drug, the higher the risk.