

“Study: Vitamin D Helps Prevent Multiple Sclerosis”

(Repository Newspaper, Canton, OH 2006)

- Research including more than 7 million people found that members of the US Military with the highest blood levels of vitamin D were 62% less likely to develop MS than people with low levels.
- New research found that nerve-damaging diseases historically has been more common in people who live in regions farther away from the equator where there is less intense year-round sunlight.